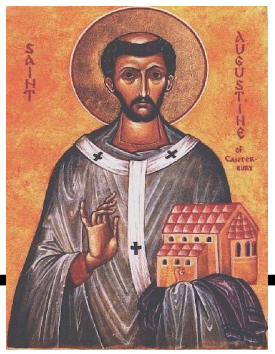
Anglican Catholic Church of St Augustine
Eastling Road, Painters Forstal, Kent ME13 0DU

PARISH NEWS

1873 - Celebrating 150 Years of Christian Witness in Painters Forstal - 2023



WELCOME

Today is

Lent II

5th March 2023

The **Propers** of the Mass are on **page 400** of the **Book of Common Prayer**

HYMNS

490

Sheet

445

59

At the end of Mass, we have our Monthly **Healing Service** *which will conclude with* **The Angelus** *facing Our Lady's Altar.*

Please Turn off Your Mobile Phones

Dear Friends,

The 7th Heavenly Virtue is Humility. and like the other 6, it is a essential to cultivate this virtue as one matures as a Christian.

One of the most important ways we can have humility was taught by Jesus Christ:

"And Jesus called a little child unto him, and set him in the midst of them, and said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven. Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven" (Matt 18:2-4).

Whether we have pride or humility, it is an individual choice that we make. The Lord often allows trials and suffering to enter our lives to compel us to be humble, just as he did with the children of Israel:

Simply praying to our Father in Heaven is also an act of humility as we kneel and subject ourselves to His will.

Fasting is an excellent way to build humility. If we focus on our humility and not on the fact that we're hungry. Fasting may seem difficult, but that's what makes it such a powerful tool.

Donating money (perhaps, at the very least, equivalent to the cost of the food you would have eaten) to the poor and needy, is also an act of humility.

Humility also comes through the power of the Holy Ghost. As taught in Galatians 5:22-23, three of the "*fruits of the Spirit*" relate to humility.

Part of the process for seeking the guiding influence of the Holy Ghost is developing sincere humility. If you're having trouble being humble, perhaps you can try to be long-suffering with someone that frequently tries your patience — and if you fail, try, try, try again!

This is such a simple, yet effective technique. As we take time to count each of our blessings we will become more aware of all that God has done for us. This awareness alone helps us be more humble. Counting our blessings will also help us recognise how dependent we are upon our Father.

C. S. Lewis wrote: "*Pride leads to every other vice .... Pride gets no pleasure out of having something, only out of having more of it than the next man. We say that people are proud of being rich, or clever, or good-looking, but they are not. They are proud of being richer, cleverer, or better-looking than others. If every one else became equally rich, or clever, or good-looking there would be nothing to be proud about. It is the comparison that makes you proud: the pleasure of being above the rest. Once the element of competition has gone, pride has gone"* (Mere Christianity)

To have humility we must stop comparing ourselves to others, as it is impossible to be humble while putting oneself above another. Just as "weaknesses become strengths" is one of the reasons why we need humility, it is also one of the ways in which we can develop humility.

Weaknesses aren't fun, but the Lord allows us to suffer, and humble us, that we may become strong.

Like most things, developing humility is a process, but as we use the tools of fasting, prayer, and faith we will find peace as we choose to humble ourselves through Jesus' Sacrifice on the Cross.

+ Damien

March

✠

Wednesday 1st

St David's Day

12 noon Low Mass

✠

Sunday 5th

Second Sunday in Lent

11am Sung Mass

Followed by Healing Service

✠

Wednesday 8th

Lenten Feria

12 noon Low Mass

✠

Sunday 12th

Third Sunday in Lent

Comm: St Gregory the Great

11am Sung Mass

✠

Wednesday 15th

No Mass at 12 noon

✠

Sunday 19th

Fourth Sunday in Lent

(Mothering Sunday)

11am Sung Mass

✠

Wednesday 22nd

No Mass at 12 noon

CHURCH FLOWERS

To make a donation for Flowers in Church—Please see Mrs Margaret Mead

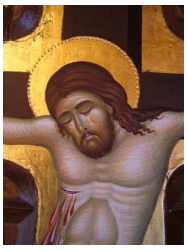
Rector
Bishop Damien Mead
Tel: 01797 321704 & Ansaphone
Email: dmead@anglicancatholic.org
Honorary Assistant Priest
Father Raymond Thompson
Tel: 07443 438465
Email: frraythompson@gmail.com

Parish Secretary: Mr Roy Hipkiss
Parish Treasurer: Mrs Kerry Scott
Organist: Mr Louis Collins
Cantor: Mr Barnabas Sharp
Caretaker: Mr Tibor Veres
Tel: 07591 149352

Lenten Sermon Series.

Fr Ray is preaching each Sunday during Lent, on the theme of The Five Wounds of Our Lord Jesus Christ.

Lent I: His back
Lent II: His feet
Lent III: His hands
Lent IV: His side
Passion Sunday: His head



Dates for your diaries:

Sat 29th April *- Diocesan Synod,*
Sun 30th April *- Visit of Archbishop Haverland*
Sat 3rd June **-** *150th Anniversary Service*

YOUR PRAYERS ARE ASKED FOR ...

Canon Don and Di Walker; Chris Bosworth; Margaret and Laurence Mead; Diane Smith, Sue Fletcher; Todd, David and Sheila; Colin Rumens; Ann Chapman; Pauline Allison; Harrison and Edward Eckert; Margaret and Peter Martin; Dorothy Hipkiss; Fr Miles Maylor; Vickie Wall; Pat Johnson; Fr Ed & Liz Bakker; Deb Stuck; Sarah, David, Nicole and Corrina Winterburn; Deacon Jong; Malcolm Munn; Barbara Bowers; Isabella Ighodaro, Fr Howard Marsh, David Miller, Graham Owen, John Sullivan, Roy Hipkiss, and those who mourn the loss of loved ones.

For those who read these Parish Notes on our Notice Board outside Church and all who receive email or paper copies.

- For our neighbours and the people of **Painters Forstal** and the surrounding countryside and villages, the **growth** of our **Church Family.**
- For **persecuted Christians** especially in Africa, Pakistan, Afghanistan, the Middle East and China.
- For Peace in Ukraine and Russia and throughout the World.

For those in our Diocesan Cycle of Prayer

- Diocese of the Congo, Bishop Ordinary - Rt Rev Dr Steven Ayule-Milenge;
- St Mary & St Eanswythe, Dartford, Kent, Dr Roy Fidge, Warden;
- The (British) Commonwealth of Nations and HM King Charles III, Head of the Commonwealth.

And we remember the recently departed: John E Upham, Bishop. *especially and those whose anniversaries fall at this time:* Michael Sheehan

✠ Rest Eternal Grant unto them, O Lord ***R/s:*** **And let light perpetual shine upon them**

(Parish) www.staugustineacc.uk (Diocese) www.anglicancatholic.org.uk