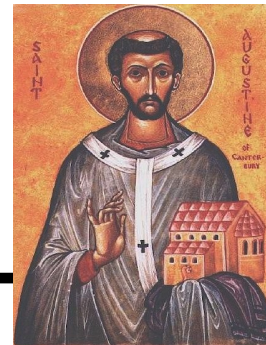




Anglican Catholic Church of St Augustine
Eastling Road, Painters Forstal, Kent ME13 0DU

PARISH NEWS



Sunday: 11 am Sung Mass + Wednesday: 12 noon Low Mass + Holy Days: As Announced

**A Very Warm
WELCOME**
This Sunday is
First Sunday in Lent
Comm: St Perpetua
& St Felicity
6th March 2022

The **Propers** of the
Mass today are to be
found on **page 384** of the
Book of Common Prayer

HYMNS

59
67
72
323

After the final hymn we
will have our monthly
Healing Service, this will
conclude at the back of
Church and pray together
The Angelus, at
Our Lady's Shrine



**Please
Turn off Your
Mobile Phones**

Our Organ doesn't like them

Thank you

Dear Friends, There are lots
of words we use
in Church which
seem to have long gone out of
common use. It might be argued that
some were perhaps never in common
use. Other words have changed or
lost their original meaning. However
regardless of what the world thinks
about the language we use in Church
there are some words which should
be in every Christians vocabulary.

Contrition is one such word. To
be truly **contrite** is to grieve that by
our sins we have so often offended
God. At its root it means to forgive as
we would be forgiven. Indeed in the
heart of the Christian Family Prayer
taught by Our Lord, we find this
sentiment firmly embedded.

So a *rule of thumb* that would go to
the root of the whole matter would be
to remember our own trespasses and
ask forgiveness and forgive the
trespasses of others. Life actually
becomes a very simple affair when
we do that. It becomes simple for us,
and what is even more to the point,
simple for the people around us!

Fault finding is a helpful occupation
if it means finding our **own** faults. It is
a troublesome pursuit, if it means
finding **other** people's faults.

*To truly and earnestly repent us of
our sins and to be in love and charity
with our neighbours* should be the
state of affairs in our lives **BEFORE**
Holy Communion! This is one way in
which we can be truly worthy of
receiving such a great gift as Our
Lord's own Body and Blood.

Those who know how to repent,
also know best how to forgive. It is a
curious thing that the most
unforgiving people always have most
need of forgiveness. Only the
forgiving are able to accept
forgiveness with simplicity.

I once read in a guide to making a
good Confession: *"It is not good for*



*you to go with great detail into the
causes of particular faults, or to set
yourself to think much about them or
give account of them. What you need
is to love Our Lord more and more,
and get closer to Him, and run to Him
for everything. His love is the great
motive power. That is what you need.
Go to Him for comfort and help and
strength and love, and ask Him to
supply all your needs, and then just as
a mother loves her little child to
depend upon her for everything, so He
will gladly take care of and provide for
you. Just love Him, trust Him, and be
happy with Him, and your faults will fall
away of themselves. If you have been
unfaithful, don't have a fuss about it.
Turn to Him lovingly and trustfully, and
begin at once to be more faithful
without further ado. Never be sad or
dismal. It does not become one whom
Our Lord loves. Be quite simple, free
and happy in His Love."*

The man who wrote this was well
accustomed to discipline. The rigour of
his own life taught him to be tender in
his dealings with others. At the same
time he evidently had arrived at
freedom through discipline.

It is this interior discipline which is

March

✕

Wednesday 2nd

*Ash Wednesday
(Comm St Chad)*

12noon Low Mass
& Imposition of Ashes

✕

Sunday 6th

*Lent I (Comm: St Perpetua &
St Felicity)*

11am Sung Mass

*Followed by Monthly
Healing Service*

✕

Wednesday 9th

*Ember Wednesday in Lent
(Comm St Frances of Rome)*

12noon Low Mass

✕

Sunday 13th

Lent II

11am Sung Mass

✕

Wednesday 16th

Lenten Feria

12noon Low Mass

✕

Sunday 20th

Lent III

11am Sung Mass

✕

the essence of real self-denial. It is to train ourselves to recognise our own faults and to discern the virtues of others.

It is important to become used to confessing our own sins and to be silent about the sins of others. It is to learn to blame ourselves and praise others. It is to labour with our own beams and to leave the motes of others to God. This must be how we intend to begin Lent if we really want to arrive at Easter as we should.

+ Damien

Meaning of Ash Wednesday

Following the example of the Ninevites, (Jonah 3:3-8) who did penance in sackcloth and ashes, our foreheads are marked with ashes to humble our hearts at the beginning of Lent. This act reminds us that life passes away on Earth



"Remember, O Man thou art dust, and unto dust thou shalt return."

Ashes are a symbol of penance made sacramental by the blessing of the Church, and they help us develop a spirit of humility and sacrifice. The distribution of ashes comes from a ceremony of ages past. Christians who had committed grave faults performed public penance.

On Ash Wednesday, the Bishop blessed the hair shirts which they were to wear during the forty days of penance, and sprinkled over them ashes made from the palms of the previous year. The penitents did not enter the Church again until Maundy Thursday after having won reconciliation by the toil of forty days' penance and sacramental absolution. Later, all Christians, whether public or secret penitents, came to receive ashes out of devotion.

At the beginning of Mass today, those who were not "Ashed" on Wednesday may receive the mark.

YOUR PRAYERS ARE ASKED FOR ...

Fr Don and Di Walker, Chris Bosworth, Margaret and Laurence Mead, Paul and Sue Fletcher, Barbara Henderson, Todd, David and Sheila, Colin Rumens, Frederick Chadwick, Ann Chapman, Pauline Allison, Harrison and Edward Eckert, Margaret and Peter Martin, Margaret Bendelow, Dorothy Hipkiss, Fr Miles Maylor, Elizabeth Bell, Vickie Wall, Pat Johnson, Fr Ed & Liz Bakker, Deb Stuck, Angela, Hazel, Sarah, David, Nicole and Corrina Winterburn, Kathleen Dunford, Deacon Jong, Bishop David Haines, Malcolm Munn, Barbara Bowers, Isabella Ighodaro, All those effected by the Coronavirus. For Peace in Ukraine and throughout the World.

For those who read these Parish Notes on the Notice Board outside and all who receive email or paper copies.

- For our neighbours and the people of **Painters Forstal** and the surrounding countryside and villages, the **growth** of our **Church Family**.
- For **persecuted Christians** especially in Africa, Pakistan, Afghanistan, the Middle East and China.

For those in our Diocesan Cycle of Prayer

- The ACC Military Ordinariate, Episcopal Visitor, the Rt Rev Donald Lerow, the chaplains, their families and the service men and women in the Armed Forces of our Member Nations whom they serve;
- Oxford Movement House Group, North Yorkshire, Mrs Sally Lyth, Convenor;
- The (British) Commonwealth of Nations.

And we remember the recently departed: specially Neville 'Chief' Bensley **and those whose anniversaries fall at this time:** Michael Sheehan, Joseph DeHart, **Priest**

P: ✕ Rest eternal grant unto them, O Lord **R: And let light perpetual shine upon them**

(Parish) www.staugustineacc.uk

(Diocese) www.anglican catholic.org.uk



CHURCH FLOWERS

*To make a donation for
Easter Flowers in
Church—Please
see Mrs Margaret Mead*

Rector

Bishop Damien Mead

Tel: 01797 321704 & Ansaphone

Email: dmead@anglican catholic.org

Honorary Assistant Priest

Father Raymond Thompson

Tel: 07443 438465

Email: fraythompson@gmail.com

Parish Secretary: Mr Roy Hipkiss

Parish Treasurer: Mrs Kerry Scott

Organist: Mr Louis Collins

Cantor: Mr Barnabas Sharp

Caretaker: "Vacant"