

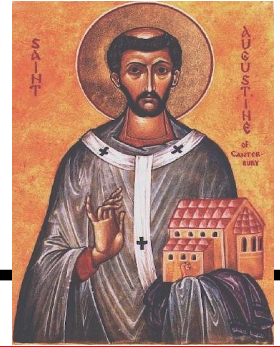


Anglican Catholic Church of St Augustine  
Eastling Road, Painters Forstal, Kent ME13 0DU

# PARISH NEWS

Sunday: 11am Sung Mass

Holy Days: As Announced



**A Very Warm  
WELCOME**

**Today is**

**Lent IV**

**Mothering Sunday**

**14th March 2021**

The Propers begin on  
**Page 404** of the red  
**Book of Common Prayer**  
and **Page A112** of the  
**Anglican Missal**

St Augustine's is now open  
on Sundays for Mass at  
11am. For the time being  
Mass will still be recorded  
each Sunday and uploaded  
to our Facebook Page and  
our website on Sunday  
afternoons.



At the end of each service  
we conclude with the  
**Angelus** (in the back of the  
white **Mass Booklets**) in the  
Lady Chapel.



**Please  
Turn off Your  
Mobile Phones**

Our Organ doesn't like them

*Thank you*

*Dear Friends,*

Today is the **Fourth Sunday in Lent**. It is also known by many other names, such as "**Laetare Sunday**" from the first word of our Introit at Mass today, "Rejoice" which in the Latin is "Laetare". Today is also known as "**Mothering Sunday**", however it is another name for today that I wish to focus on "**Refreshment Sunday**".

The dictionary definition of 'Refreshment': *includes*: invigoration, revitalising, revival, restoring, strengthening, enlivening, perking up, stimulation, freshening, energising, reanimation, revivification, resuscitation, rejuvenation, regeneration and renewal.

The Collect of the day speaks of relief. The Epistle speaks of freedom. The Gospel speaks of refreshment. Relief, freedom and refreshment are the rewards we receive today from a good keeping of Lent.

During Lent the disciplinary practices, which we are all advised to cultivate, are intended for a very definite result. These disciplines are like the *scaffolding* necessary for building purposes.

*Edification* stems from a Greek word which means "*to build*". Lenten devotional disciplines are intended to be edifying. Like any building project at the end of Lent the scaffolding will be removed. At Easter we shall see what we have been building. St Paul tells us that we must "*grow up into Him in all things, which is the head, even Christ: from whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love.*" (Ephesians 4:15-16)

Relief, freedom, refreshment are

Please read our Covid-19 worship notice



words to keep in mind for our mid-Lent meditation on Refreshment Sunday.

One of the most important devotional disciplines that is essential is to get used to, is listening to God in silence. Some people find silence daunting and frightening even. I suppose that's not surprising in the midst of the busy *hurly burly* of modern life. Noise is all around us. For Christians it should be such a very real relief to be alone and still, even if only for a brief moment. To keep one's mind in stillness has been described as like "holding a mirror toward Heaven". If we practice this we find our minds begin to reflect the things that are so far above us, that it is only in silence that we can contemplate them properly.

Freedom of spirit is the only real freedom. The place where we live, the conditions under which we live, can neither make nor break true spiritual freedom. The freedom which is promised by changed scenes and altered conditions is, I think, little more than an illusion. If we can't be free

## March



Sunday 21st

*Passion Sunday*

11am Sung Mass




**THE ULTIMATE SACRIFICE**  
St Augustine's Church  
Eastling Road, Painters Forstal,  
Kent ME13 0DU

**Holy Week & Easter Services**

Palm Sunday: 11am Sung Mass & Blessing of the Palms

Wednesday in Holy Week: 12 noon Chrism Mass

Maundy Thursday: 7pm Mass of the Lord's Supper, the Stripping of the Altar & Vigil Watch

Good Friday: 12 noon Liturgy of the Day, Veneration of the Cross & Mass of the Pre-Sanctified

Holy Saturday: 7pm Paschal Vigil & First Mass of Easter

Easter Day: 11am Solemn Pontifical Sung Mass

*A Warm Welcome Awaits You*  
Easter Confessions by appointment with the Rector: 01797 321704

## April



Sunday 11th

*Easter I (Low Sunday)*

11am Sung Mass





**CHURCH FLOWERS**  
*To make a donation for Flowers in Church – Please see Mrs Margaret Mead*

**Rector**

Bishop Damien Mead

Tel: 01797 321704

Email: [dmead@anglican catholic.org](mailto:dmead@anglican catholic.org)

**Honorary Assistant Priest**

Father Raymond Thompson

Tel: 07443 438465

Email: [frraythompson@gmail.com](mailto:frraythompson@gmail.com)

**Parish Secretary:** Mr Roy Hipkiss

**Parish Treasurer:** Mrs Kerry Scott

**Organist:** Mr Louis Collins

**Cantor:** Mr Barnabas Sharp

where we are, it is not likely that we could be free anywhere.

God is with us wherever we are and under whatever conditions we may be living. Freedom consists in living an interior life with Him. The only liberty is the liberty in which Christ makes us free. The **free life** is the life that is hid with Christ in God. If our Lent has led us along this path of freedom, we shall have something worth keeping after Lent is over.

It is natural that this talk of Refreshment should lead us to think about eating and drinking. Our refreshment as followers of Christ is always to be found in the Blessed Sacrament. This is the very Bread from Heaven which contains in Itself all sweetness. This is the Heavenly manna upon which we feed in our hearts by faith with thanksgiving. This is the strength and refreshment for our souls, by virtue of which we can do all things and endure all things. This is our daily Bread.

If the pressures of the burdens of life drive us to despair, then something is seriously wrong with us! For it is to the Blessed Sacrament that we should turn to more frequent Communion, for in receiving Christ's Most Holy Body and Most Precious Blood we shall be perceiving in ourselves the fruits of our redemption. If Lent leads us to fresh discoveries of the wonders of Communion, we shall have found lasting refreshment.

Today, if all has gone according to plan, we should have with us **Barnabas Sharp**, who joins our Parish Team as Cantor at Mass. I know that everyone will want to give him a warm and hearty welcome.

**Our Parish Plate Collections dropped during the past year. Donations can be made on our website and envelopes (for Gift Aid) are available at the back of Church and there is also basket there for cash!**



Requests for names to be added to our weekly prayer lists may be made by writing the prayer intention (names and reason) in clear printed writing on paper and given to the clergy. If you wish the intention to remain private—note that and the details will not be published on this weekly sheet

## YOUR PRAYERS ARE ASKED FOR ...

HRH The Duke of Edinburgh, Fr Don & Di Walker, Chris Bosworth, Margaret and Laurence Mead, Paul Fletcher, Barbara Henderson, Todd, David and Sheila, Danny and Colin Rumens, Frederick Chadwick, Ann Chapman, Diane Young, Megan Young, Pauline Allison, Harrison and Edward Eckert, Ina Bond, Margaret and Peter Martin, Margaret Bendelow, Dorothy Hipkiss, Fr Miles Maylor, Elizabeth Bell, Vickie Wall, Pat Johnson, Liz Bakker, William and Nancy Spencer, Deb Stuck, Jos Kenyon-Hoare and her family, Sally Pengilly, Angela, Hazel, Tom, Vera and Karl, Gabriella Beasley, Millie Armstrong, the family of Lucy Fagg, whose year mind is at the time, and all those effected by the Coronavirus,

*For those who read these Parish Notes on the Notice Board outside and all who receive email or paper copies.*

- For our neighbours and the people of **Painters Forstal** and **Ospringle** and the surrounding countryside, the **growth** of our **Church Family**.
- For **persecuted Christians** especially in Africa, Pakistan, the Middle East and China.

*For those in our Diocesan Cycle of Prayer*

- Diocese of Kenya, Bishop Ordinary - Rt Rev John Kamande Ndegwa
- Oxford Movement House Group, North Yorkshire, Mrs Sally Lyth, Convenor;
- The people of Ireland, North and South;
- All mothers, expectant mothers, and all adoptive and foster mothers.

*And we remember the recently departed: specially, AND those whose anniversaries falls at this time*  
Lucy Fagg

**P: ✕** Rest eternal grant unto them, O Lord **R: And let light perpetual shine upon them**

**(Parish) [www.staugustineacc.uk](http://www.staugustineacc.uk)**

**(Diocese) [www.anglican catholic.org.uk](http://www.anglican catholic.org.uk)**